THE WOLDS & VALE FEDERATION

Wolds and Vale Federation PSHE/RSE UKS2 - Year A (Mixed Aged Planning)

Lessons in red should ideally be taught to individual year groups in separate spaces. This is due to the nature of the content. Those lessons which are underlined denote those which parents have the right to withdraw their child from all/part of the lesson.

Lesson Number:	Family and Relationships	Health and Wellbeing	Safety and the Changing Body	Citizenship	Economic Well Being	Identity YEAR 6 ONLY	Transition
1.	Introduction lesson: Setting rules and signposting	Relaxation - yoga	Online Friendships	Breaking the Law	Borrowing	Year 6: What is Identity?	Roles and Responsibilities*
2.	What Makes a Good Friend	The Importance of Rest	Staying Safe Online	Prejudice and Discrimination	Income and Expenditure	Year 6: Identity and Body Image	
3.	Respect*	Embracing Failure	First Aid - Choking	Protecting the Planet	Prioritising Spending		
4.	Respecting Myself	Going for Goals	Alcohol	Contributing to the Community	Risks with Money		
5.	Marriage	Taking Responsibility for my Feelings	Drugs - Alcohol and Tobacco	Rights and Responsibilities*	Careers*		
6.	Bullying	Healthy Meals	Year 5: Puberty Year 6:Physical and Emotional Changes of Puberty	Parliament and National Democracy*			
7.	Stereotyping	Sun Safety	Year 5: Menstruation YEAR 6 - CONCEPTION				
8.	Challenging Stereotypes		Year 5: Emotional changes in puberty				

			YEAR 6: PREGNANCY AND BIRTH				

THE WOLDS & VALE FEDERATION

Wolds and Vale Federation PSHE/RSE UKS2 - Year B (Mixed Aged Planning)

Lessons in red should ideally be taught to individual year groups in separate spaces. This is due to the nature of the content. Those lessons which are underlined denote those which parents have the right to withdraw their child from all/part of the lesson.

Lesson Number:	Family and Relationships	Health and Wellbeing	Safety and the Changing Body	Citizenship	Economic Well Being	Identity YEAR 6 ONLY	Transition
1.	Setting Rules for PSHE Lessons	Relaxaation and Mindfulness	Critical Digital Consumers	Pressure Groups	Attitudes to Money	What is Identity?	
2.	Friendship Skillls	What Can I Be?	Social Media	Valuing Diversity	Keeping Money Safe	Identity and Body Image	
3.	Respect	Taking Responsibility for my Health	First Aid Bleeding	Food Choices and the Environment	Stereotypes in the Workplace		
4.	Resolving Conflict	The Impact of Techvology on Health	First Aid - Basic Life Support	Caring for others	Gambling		
5.	Family Life	Resilience Toolbox	Puberty YEAR 5 ONLY Emotional Changes in Puberty - YEAR 5 ONLY	Rights and Responsibilities	Careers		
6.	Stereotyping	Immunisation	Menstruation - YEAR 5 ONLY	Parliament and National Democracy			

7.	**Challenging Stereotypes**	**Physical Health Concerns**	**Physical and Emotional Changes of Puberty - YEAR 6 ONLY**				
8.	**Change and Loss**	Good and Bad Habits	**Conception - YEAR 6 ONLY (RIGHT TO WITHDRAW)**				